

HOWARD COUNTY, MARYLAND
OVERDOSE PREVENTION PLAN
ALCOHOL & DRUG ABUSE ADVISORY BOARD (ADAAB)
(Plans, strategies and priorities for meeting the identified needs of the general public and the criminal justice system for alcohol and drug use disorder prevention, intervention, treatment, and recovery systems of care)

STRATEGIC PLAN

FY16-17

July 1, 2015-June 30, 2017

Update July 2016

Vision

An integrated service system that addresses the county's behavioral health (substance use disorder and mental health) needs on demand.

Mission

Foster, promote and facilitate a collaborative effort among entities in education/prevention, treatment/rehabilitation and law enforcement/criminal justice to reduce substance abuse in Howard County.

Data Driven Analysis or Listing of Data Used to Inform Process:

- Maryland Public Opinion Survey (MPOS) 2015
- US Census 2010
- <http://factfinder.census.gov>
- <http://quickfacts.census.gov/qfd/states/24/24027.html>
- Howard County Police Department Report on Heroin and Other Deaths and Arrests
- Three Key Informant interviews with health care providers
- Four Focus Groups (two with treatment providers; two with clients)
- Conversation with ADAAB members April 15, 2015
- 2013 Youth Risk Behavior Survey (YRBS)
- State of Maryland Automated Records Tracking (SMART)
- Value Options (VO)
- Maryland Statewide Epidemiological Outcomes Workgroup (SEOW), February 2014: Maryland Epidemiological Profiles Chartbook
- Health Services Cost Review Commission (HSCRC)/State Inpatient Databases (SID)
- Maryland Department of Health and Mental Hygiene (DHMH)/VDU
- Outlook and Outcomes in Substance Related Disorder Treatment: Maryland Behavioral Health Administration (BHA)

- Community Awareness Surveys

Priority Ordered Goals

Goal 1:

Reduce Drug-Induced Deaths in Howard County

Objective 1: Support efforts to recruit, train, and certify 500 individuals to administer naloxone.

Performance Targets:

- Inform the public of free trainings, kits, and naloxone.
Progress: The Health Department continues to actively recruit using emails, newsletters, posters, handouts, and verbal presentation.
- Provide certified individuals free naloxone kits.
Progress: 204 individuals were certified to administer naloxone in FY16 by the Health Department.
- Provide certified individuals free naloxone and nasal atomizers (2 doses/2 devices).
Progress: 185 individuals were provided free naloxone and nasal atomizers (2 doses/2 devices) in FY16 by the Health Department.

Objective 2: Support efforts to offer Medication Assisted Treatment to those at risk of overdose.

Performance Targets:

- Enhance efforts to offer Medication Assisted Treatment to those at risk of overdose to include medications such as buprenorphine, naltrexone (oral and injection), methadone, etc.
Progress: Clients within Howard County are being offered Medication Assisted Treatment to include medications such as buprenorphine, naltrexone (oral and injection), and methadone.
- Enhance reentry efforts from incarceration to the community to include Medication Assisted Treatment for those at risk of overdose.
Progress: Clients within Howard County in reentry are being offered Medication Assisted Treatment to include medications such as buprenorphine, naltrexone (oral and injection), and methadone.

Objective 3: Support efforts to enhance reentry interventions for those transitioning from a sheltered environment to the community.

Performance Targets:

- Enhance partnerships with community agencies to promote collaboration and integration of services.

Progress: Community agencies are encouraged to strive for enhanced collaboration and integration.

- Enhance the development of Memorandums of Agreement (MOA) between providers to enhance coordination of care.

Progress: The Health Department has implemented additional MOAs with community providers through expanded services.

Objective 4: Support the use of treatment planning that includes overdose prevention planning to reduce the risk of overdose.

Performance Targets:

- Promote the importance of implementation of overdose prevention planning to reduce the risk of overdose.

Progress: The Health Department promoted overdose prevention planning at a Quarterly Provider Meeting in October 2015.

- Encourage providers to train staff to implement overdose prevention planning to those at risk of overdose.

Progress: The Health Department offered a person centered planning training including training on overdose prevention planning in October 2015 and overdose prevention planning handouts were discussed and provided at the Quarterly Provider Meeting in October 2015.

Objective 5: Support the continuation of Medication Drop Box initiative

Performance Targets:

- Continue Drug Take Back Days as needed given the implementation of permanent Medication Drop Boxes.

Progress: On September 26, 2015 and April 30, 2016 medication Take Back Days were held at HC DrugFree's office and the 3 Howard County Police sites housing permanent medication boxes. HC DrugFree collected 455 and 721 pounds of medications on those two days.

- Maintain and increase permanent Medication Drop Boxes as needed.

Progress: Currently, 3 boxes are provided by the Howard County Police Department. The box purchased with Opioid Misuse Prevention Program (OMPP) funds in FY15 remains in storage and waiting for HCPD to move to a Columbia location tentatively in January 2017.

Objective 6: Support the establishment and maintenance of an Overdose Fatality Review Team (OFRT)

Performance Targets:

- Develop an overdose fatality review team.

Progress: HC DrugFree worked with Behavioral Health Administration (BHA) to establish procedures, members were identified, and the first OFRT meeting was held in October 2015.

- Formulate meeting process including dates and locations.
Progress: The 3rd OFRT meeting was held in June 2016.
- Implement and maintain the overdose fatality review team meetings on a quarterly basis.
Progress: The 3rd OFRT meeting was held in June 2016 and meetings are scheduled within consecutive quarters.

Goal 2:

Develop and maintain an accessible community system of intervention, treatment, and recovery services in Howard County.

Objective 1: Support efforts to offer a full continuum of care in Howard County.

Performance Targets:

- Establish a detoxification program/clinic in Howard County.
Progress: Detoxification programming within Howard County is continually discussed and promoted.
- Maintain current psychiatric services, as well as, encourage new providers to enter the continuum of care as needed.
Progress: Current provider networks have been maintained and new providers are encouraged to enter the continuum of care.
- Maintain current substance use disorder treatment providers in offering outpatient services including early intervention, outpatient, and intensive outpatient for adults and adolescents, as well as, encourage new providers to enter the continuum of care as needed.
Progress: Current provider networks have been maintained and new providers are encouraged to enter the continuum of care. The Health Department contracted with a provider to enter Howard County to provide substance use disorder outpatient treatment for adults and adolescents.
- Maintain current recovery housing providers, as well as, encourage new providers to join the continuum of care as needed.
Progress: Current provider networks have been maintained and new providers are encouraged to enter the continuum of care.
- Offer Care Coordination which links individuals to resources and services to promote recovery.
Progress: Care Coordination continues to be offered by the Health Department.
- Offer Peer Recovery Support Specialist services to promote recovery.
Progress: Peer Recovery Support Specialist services continue to be offered in Howard County. The Health Department, the Howard County Mental Health

Authority, and On Our Own funds and offers behavioral health peer recovery support.

Objective 2: Support enhancement of collaboration and integration within local partners to avoid duplication of services and funding.

Performance Targets:

- Enhance local collaboration of Howard County Mental Health Authority and Local Addiction Authority.

Progress: The Howard County Mental Health Authority and the Local Addiction Authority co-located July 2015 at the Health Department.

- Enhance local integration of mental health and substance use disorder services.
Progress: There are active discussions regarding support for mental health and substance use disorder treatment integration. The Local Addiction Authority and Howard County Mental Health Authority offers integrated provider meetings, trainings, and an accreditation workgroup.

- Encourage collaboration and partnership of local committees and boards.
Progress: There are active discussions regarding continued collaboration and partnership with local committees and boards. The Local Addiction Authority and Howard County Mental Health Authority co-chair and co-attend many committees and boards.

- Enhance Recovery Oriented Systems of Care (ROSC) Change Team efforts.
Progress: The ROSC Change Team continues active monthly meetings.

- Enhanced integration of mental health and substance use disorder recovery efforts at the Wellness and Recovery Center operated by On Our Own of Howard County jointly funded by the Howard County Mental Health Authority and Howard County Health Department, Bureau of Behavioral Health.

Progress: There are active efforts to enhance behavioral health integration at the Wellness and Recovery Center (On Our Own).

- Continue strategies and interventions that provide an integrated prevention and treatment approach.

Progress: Prevention efforts are incorporated into treatment approaches through offering overdose prevention planning, family programming, and sexual transmitted disease education and prevention to name a few topics.

Objective 3: Increase access to behavioral health services reimbursable through a full array of health insurance.

Performance Targets:

- Encourage current providers to accept a full array of health insurance to increase access to care, as well as encourage new providers to join the continuum of care as needed.

Progress: The Health Department encourages current providers to accept a full array of health insurance to increase access to care.

Objective 4: Encourage providers to work toward gaining accreditation.

Performance Targets:

- Encourage providers to support each other in working toward accreditation.
Progress: The Local Addiction Authority and Howard County Mental Health Authority co-lead the accreditation workgroup which was implemented November 2015. The workgroup meets every other week.
- Encourage providers to develop a work group to prepare and implement accreditation efforts.
Progress: The Local Addiction Authority and Howard County Mental Health Authority co-lead the accreditation workgroup which was implemented November 2015. The workgroup meets every other week.

Objective 5: Advocate for increased health insurance reimbursement rates and enhance array of coverage.

Performance Targets:

- Raise awareness of low health insurance reimbursement rates and limited array of coverage to include limited inpatient treatment coverage.
Progress: ABAAB sent a recommendation letter on the subject to the County Executive in June 2016.
- Advocate for increased health insurance reimbursement rates and enhanced array of coverage to increase access to care for needed services and increase the provider network.
Progress: ABAAB sent a recommendation letter on the subject to the County Executive in June 2016.

Goal 3:

Educate and assist individuals, families, organizations and communities to live healthy lives free of the negative consequences of substance misuse in Howard County.

Objective 1: Encourage the establishment of a coordinated prevention effort that collaborates with community stakeholders to aggressively seek funding sources to develop and implement an effective, broad-based prevention effort that focuses on environmental change.

Performance Targets:

- Support the Howard County Health Department, Bureau of Behavioral Health through HC DrugFree, to continue prevention efforts through the Prevention Grant and the Opioid Misuse Prevention Program (OMPP) grant through the

Behavioral Health Administration (BHA) and seek additional funding to further the county's prevention efforts.

Progress: HC DrugFree will continue to provide prevention services in FY17 on behalf of the Howard County Health Department. The Health Department will provide OMPP services in FY17.

- Encourage the use of environmental strategies that focus on the appropriate stages of change.

Progress: HC DrugFree launched the *In the KNOW* Media Campaign in August/September 2015 and educational materials remain displayed throughout the county at pharmacies, in prescribers' waiting areas, senior centers, etc. Campaign materials focus on education about opioid misuse leading to heroin use as well as promote the locations of permanent medication collection boxes in the county. HC DrugFree staff continue to visit pharmacies to restock materials and speak with pharmacists. Pharmacies have been cooperative in guiding customers to HC DrugFree to answer questions regarding safe storage and proper disposal. In addition, HC DrugFree is distributing personal medication storage boxes and educational materials throughout the community with a special emphasis on the 50+ population.